

A TASTE OF TMYD

What do you spend most of your time thinking about?

What do you dread doing?

Who, in your mind, encompasses the idea of living the dream? Why?

What is one small goal that can help you take a step closer to your dream?

What would you do if you were not concerned about failure?

Would you consider yourself a dreamer? Why or why not?

If you take work out of the equation how would you spend your time?

When do you feel most alive?

If you could live anywhere in the world where would it be?

Prioritize these three values in your life: Relationships, Financial Security, Experiences

What makes you feel most defeated?

What is one goal for each of these categories: Relationships, Personal Development, and Professional Development?

This time next year you will be...

Do you do well with time management?

What are the top 5 things you do for self care?

Do you spend time with people who are going to aid you in your journey to accomplishing your dreams?

What was the best day of your life?

What are your values and how do they play into your day to day life?

What is one thing you know you should be doing but are putting off?

What are some of your short term goals and how do they contribute to the vision you have for your life?