

Inventory of Goals and Dreams

CREATE A LIST OF EVERY GOAL OR DREAM YOU HAVE PURSUED PRIOR TO TODAY.

- Put a check next to Goals/Dreams achieved.
- For each Goal/Dream indicate reasons why you were able/unable to achieve your Goal/Dream. (Ex. Family support, education or not enough money, fear)
- Acknowledge any themes and how they may help or hinder you in your future pursuit of dreams.

GOAL/DREAM	REASONS
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WHAT THEMES DO YOU SEE PRESENT IN YOUR PRIOR DREAMS AND GOALS?
